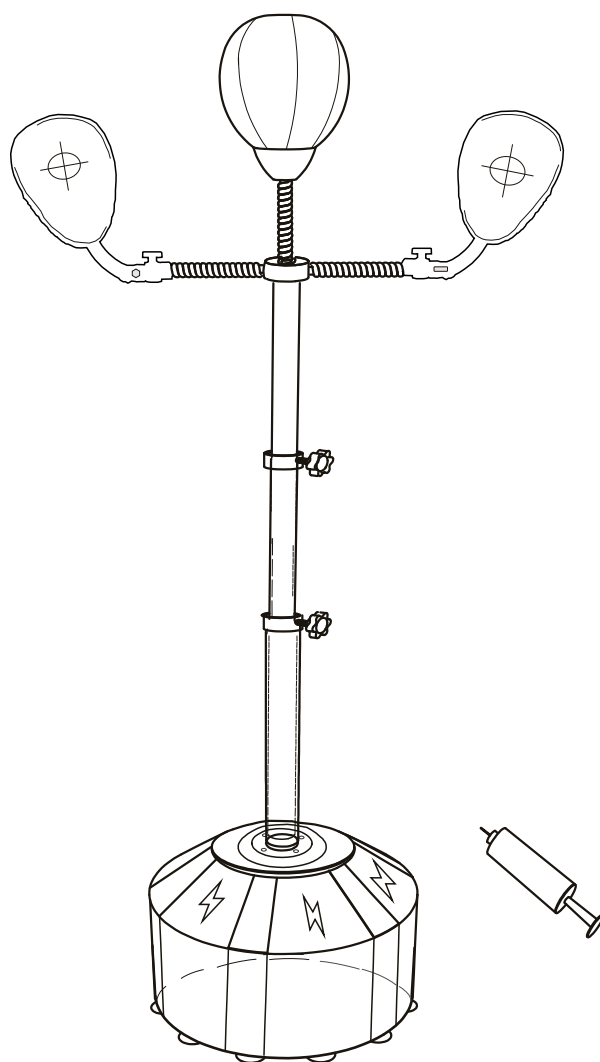


Soozier

IN251200459V01_US

A91-314V00



Agile Pole Frame installation manual

IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY

ASSEMBLY INSTRUCTION

WARNING:

Before using your freestanding boxing ball, you are urged to contact a physician to be sure that your hands, wrists, elbows, shoulders and back are suitably conditioned to withstand the rigors of punching this equipment.

When using this equipment be sure that you are in good physical condition and under expert supervision. Before each and every use be sure that the equipment is in good condition and properly fastened.

It is recommended that you use well-padded leather bag gloves together with hand wraps. They provide a degree of protection but it is not warranted that this will avoid any injury.

Don't always hit the same one point. So that the boxing stand will not tilt to one side. For safety reasons, we recommend that sand be used instead of water to fill the Base. If a leak develops, water could run out unnoticed, allowing the system to fall over, resulting in serious personal injuries, or property damage.

If using Water, check the Base carefully for leaks. If a leak is found, lay the system down on the ground and call Customer Service. Do not use, stand up, or play on a leaking system.

MAINTENANCE AND CARE

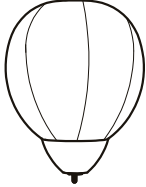
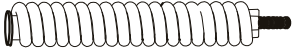
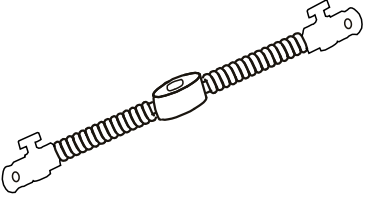
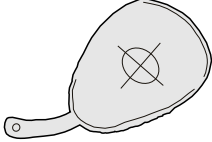
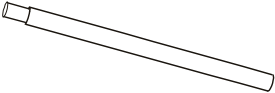
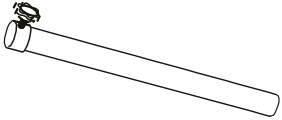
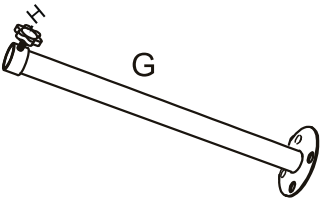
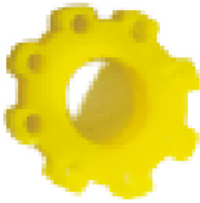
Keep all instructions and parts relating to this product for future reference.

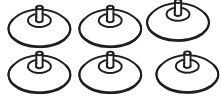
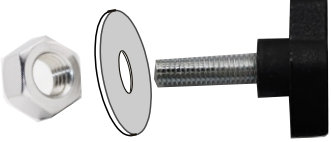
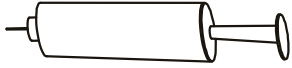
Inspect the boxing stand before each use and replace any worn, defective or missing parts.

Avoid high temperature, moisture or direct sunlight, please place in a well-ventilated place.

When you accidentally wet the product, use a dry cloth to avoid skidding.

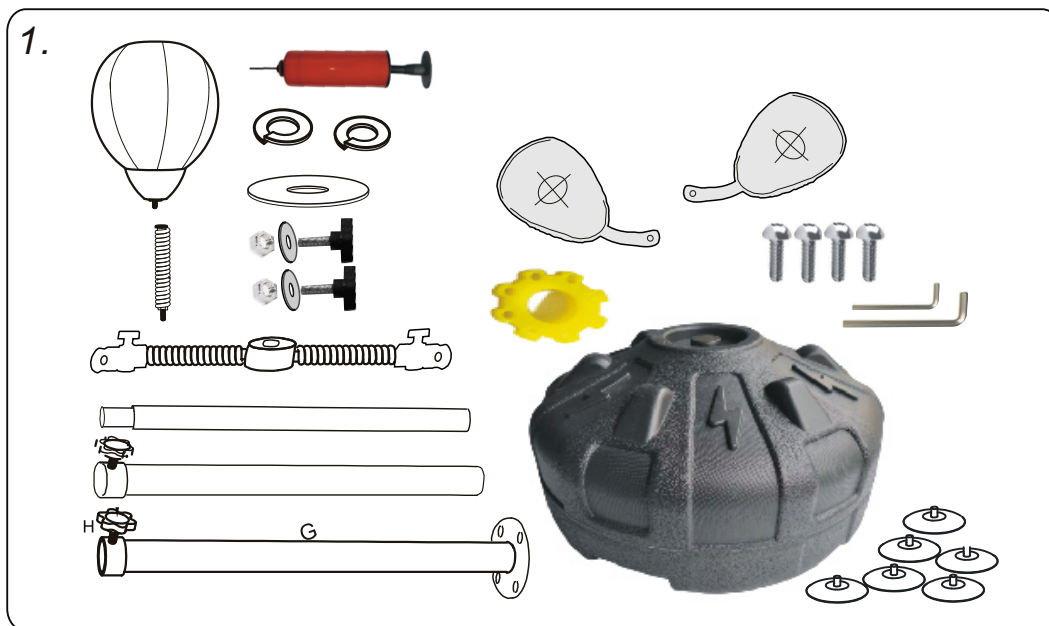
Neutral detergent can be used to dilute the water to wipe the cloth carefully wipe the oil, and then dry with a dry cloth.

No.	Code	Parts	QTY
1	A		1
2	B		1
3	C		1
4	D		2
5	E		1
6	F		1
7	G / H		1
8	I		1

No.	Code	Parts	QTY
9	J		1
10	K		1
11	M		1
12	N		1
13	O		2
14	P		1
15	Q		1
16	R		2

Installation steps

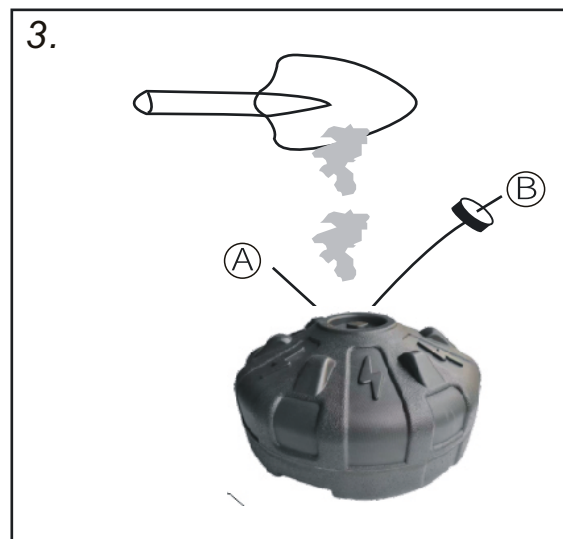
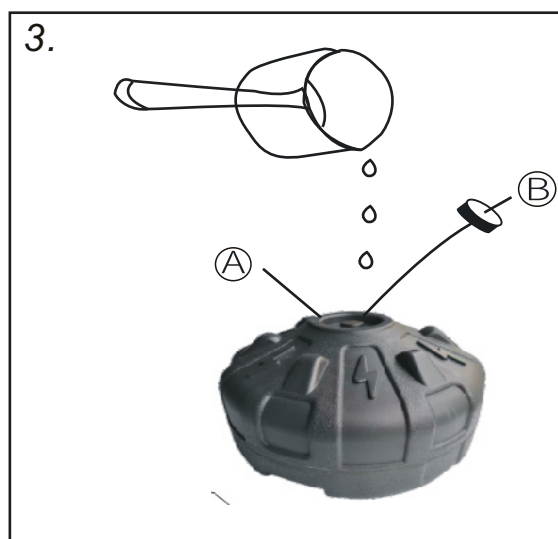
1. Open the package, take out the base and place it on the ground. Then, take out the attached screws, suction cup, wrench and shock absorber etc.



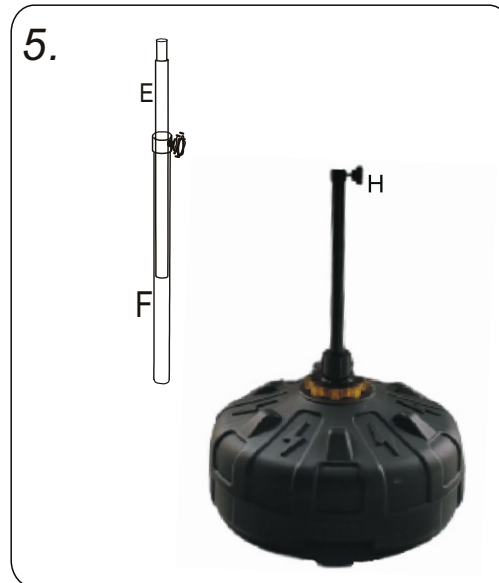
2. Take out the six suction cups, flip the bucket upside down, align the screws with the holes below the base and tighten them individually.



3. When turning the base upside down, you will find an injection hole at the bottom with a 3cm diameter. Fill up to two-thirds with sand and water, then close the lid.

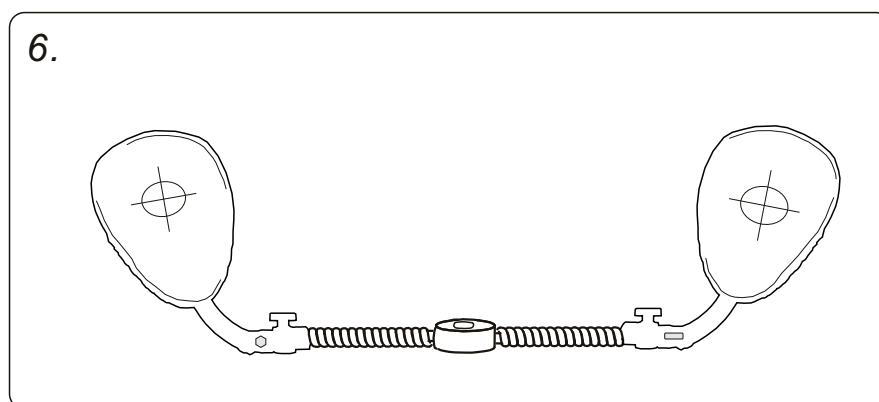


4. After installing the six suction cups, arrange the shock absorbers and steel tube-(G) in sequence at the four holes on the cylindrical base. Secure them in place using screws -(M) and the hex wrench-(R), as illustrated in the figure.



5. Insert steel pipe -(E) into steel pipe -(F) for assembly and fixation, and then insert one end of steel pipe -(F) into steel pipe -(G) and fix it. According to the required height, the bolt - H can be adjusted and fixed.

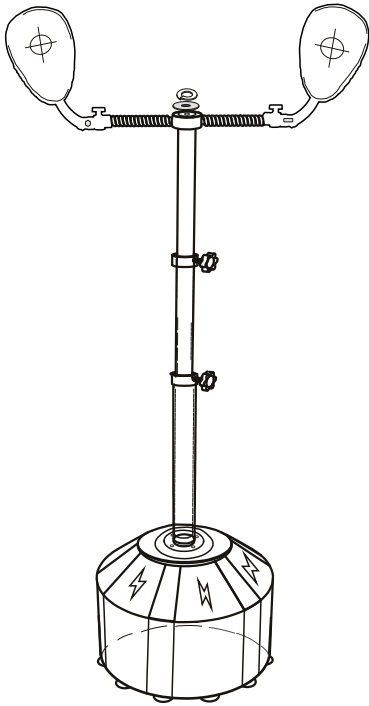
6. Install target -(D) at the connection on both sides of spring rod -(C) and fix it with bolt -(O)



7. Install-(C) at the top of steel pipe-(E), and place one gasket -(N) and one gasket -(P) in sequence, and connect and fix them with the spring -(B).

8. Inflate the boxing ball with the pump -the maximum weight is 4 lbs (1.8kg).

7.



8.

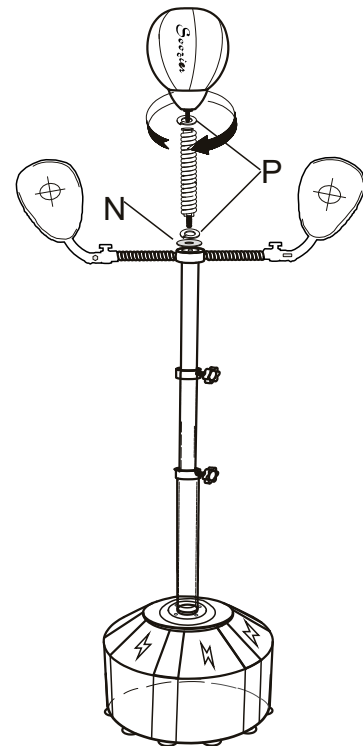


9. Place a washer -(P) at the top of the spring, connect it to the spring -(B) with the ball bottom bolt, and tighten it.

10. According to personal preferences, the height and distance of the boxing target can be adjusted for users to practice.

11. When setting up this equipment, ensure there is at least 0.6 metres of space in all directions. This should also include space for emergency dis-mount. If equipment is positioned next to each other, the free area can be shared.

9.



US

If you have any questions, please contact our customer care center.
Our contact details are below:



001-877-644-9366



customerservice@aosom.com

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Si vous avez la moindre question, veuillez contacter notre centre d'assistance à la clientèle.
Nos coordonnées sont les suivantes:



416-792-6088



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